



IMPROV 4 FUN

A Lighthearted Improv Class for Adults

No experience needed • No memorization • No pressure to be funny

Instructor: Jess Carpenter

6 Sessions • 60–75 Minutes Each

About Jess

Jess thrives on cultivating teams and fostering connections. His journey into improv began with a focus on communication. A lifelong learner, he takes non-matriculated classes at Drexel University in subjects that interest him, including public speaking, public relations, stand-up comedy, and creative leadership.

He developed an improv format called *The Comedian Deconstruction*, which won **Best New Format** at the New Zealand International Comedy Festival.

Jess has taught improv at local workshops, creating a fun and judgment-free environment where participants can relax and enjoy themselves. As a corporate trainer for Painting with a Twist, he combined his improv skills with training artists to entertain while guiding large classes, turning teaching into games and challenges like Simon Says.

Now, he continues to share his love for improv while working in real estate, where he trains clients and embraces the unpredictability of the field. Jess truly believes that improv is a valuable life skill that strengthens both personal and professional connections, and that there are countless ways to use it in everyday life.

DAY 1: INTRODUCTION & LIGHT COLLABORATION

Zip Zap Zop

Pass energy by saying “Zip,” “Zap,” and “Zop” while pointing.

Name and Gesture

Say your name with a gesture. The group repeats.

Yes, And...

Build a story together, one sentence at a time.

Story Circle

Create a group story, one sentence per person.

String of Pearls

One person gives the beginning. Another gives the ending. Others connect the middle.

Backup Options

This Just In • Finish the Sentence

DAY 2: EMOTIONS & REACTIONS

Zip Zap Zop with Lambada

Adds a neighbor pass.

Alphabet Game

Say words starting with the same letter.

Imaginary Object

Describe and pass an invisible item.

Hitchhiker

Everyone adopts one strong character trait.

Backup Options

Word-at-a-Time Story • Questions Only

DAY 3: STORYTELLING & IMAGINATION

Zip Zap Zop with Alien

Add playful gestures.

Memory Match-Up

Share and retell stories.

One-Word or Sentence Story

Build together.

Party Quirks

Guess character traits.

Backup Options

Press Conference • Imaginary Objects

DAY 4: SELLING & PLAYFUL PERFORMANCE

Zip Zap Zop with Viking

Add teamwork actions.

Fortunately / Unfortunately

Alternate good and bad turns.

QVC Selling Game

Sell everyday items.

Backup Options

Three Things • Headlines

DAY 5: GROUP SCENES & CHARACTER PLAY

Zip Zap Zop

A familiar energizer.

Three-Headed Expert

Answer as one expert.

Living Portraits

Create frozen pictures.

Backup Options

Two-Line Scenes • Emotional Switch

DAY 6: CELEBRATION & CLOSING

Zip Zap Zop

Final energizer.

On Meatball Mountain

Build a fantasy place.

Award Ceremony

Receive fun awards.

Backup Options

Compliment Circle • Rhyme Time